



Loving **BDSM**

Checklist for Kinky Acts and Fetishes

I wish we could list every single kinky act and fetish out there, but since almost anything can be made a little kinky, it's impossible to list everything. This, however, should be a good starting point if you're new.

How to use the checklist:

- Print as many copies as you need
- Read each kink/fetish
- Write Y or N whether you've tried it or not
- Check whether you're love it, hate it, or don't know how you feel about it
- If you're unsure but willing to trying, check that too.
- Use the notes section at the back to write down ideas, kinks/fetishes not on the list, things to research, and any topics you want to discuss with your partner.

Once you and your partner(s) are done, it's time to compare notes. Talk about what you love and hate. Research any kink or fetish you're unsure about. For anything that's new to you and you want to try together, consider this your first kinky bucket list.

You don't have to like everything your partner does in order to have kinky fun. You don't have to be really experienced, either. BDSM and D/s are about growing as individuals and together. This is simply a tool to help you on your path.

Kink/Fetish	Tried it?	Love it!	Hate it!	Don't know	Unsure but willing
Anal - Rimming					
Anal - Prostate Massage					
Anal Play - Plug					
Anal Play - Sex					
Bondage - Rope					
Bondage - Handcuffs					
Bondage - Duct Tape					
Bondage - Mummification					



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Bondage - Hood					
Bondage - Bondage Tape					
Bondage - Mental					
Bondage - Honor					
Bondage - Public					
Bondage - Outdoor					
Bondage - Cock/Ball					
Bondage - Hair					
Bondage - Predicament					
Cock Torture					
Clit Torture					
Caging					
Ball Gag					
Bit Gag					
Cloth Gag					
Spider Gag					
Phallic Gag					
Orgasm Control					
Forced Orgasms					
Edging					
Orgasm Denial					
Permission to Orgasm					
Public Masturbation					
Masturbation with Toys					
Mutual Masturbation					



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Masturbating for Partner					
Nipple Clamps					
Clitoral Clamp					
Cock Cage					
Chastity Belt					
Forced Abstinence					
Under the Bed Restraints					
Tickling					
Spanking - Bare Hand					
Spanking - Paddle					
Spanking - Wooden Spoon					
Spanking - Over the Knee					
Spanking - Punishment					
Spanking - Therapeutic					
Spanking - Funishment					
Impact Play - Flogging					
Impact Play - Crops					
Impact Play - Tawse					
Impact Play - Dragon Tail					
Impact Play - Punching					
Following Rules					
Setting Rules					
Punishment - Cornertime					
Punishment - Removed privileges					



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Punishment - Silence					
Punishment - Spanking					
Punishment - Other					
Name Calling					
“Good girl/boy”					
Boot Licking					
Slapping					
Nipple Torture					
Hair Pulling					
Using Tongue to Clean					
Urethra Play					
Wax Play					
Violet Wand					
Wartenberg Wheel					
Vibrators					
Dildos					
Anal Plugs					
Wand Massagers					
Cock Rings					
Oral Sex					
Handjob/Fingering					
Sex in Public					
Threesome (or more)					
Cuckold					
Open Relationship					



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Sexting					
Phone/Skype Sex					
Massage					
Biting					
Licking					
Sensory Deprivation					
Ankle Restraints					
Long-term Restraint					
Collar					
Cuffs					
Sleeves for Legs/Arms					
Metal/Chain Restraint					
Leather Restraint					
Latex Clothing					
Sex Swing or Wedge					
Objectification					
Bimboification					
Breath Play					
Knife Play					
Blood Play					
Needles					
Golden Shower					
Scat					
Age Play					
Puppy Play					



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Kitten Play					
Pony Play					
Zippers					
Canes					
Spanking Bench					
St. Andrew's Cross					
Cupping					
Wax Play					

Notes:

(Feel free jot down notes in this section.)



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More notes: